

GRILLIN' & CHILLIN' RECIPE DAYS

Ingredients:

2 Thsp Onion Powder

21/2 tsp Dried Thyme

2 tsp Ground Allspice

2 tsp Black Pepper

1 tsp Smoked paprika

⅓ tsp Ground Cinnamon

√₂ tsp Cayenne
Pepper

1/2 tsp Ground Ginger

1/2 tsp Sea Salt

Jerk Seasoning

Directions:

Mix all ingredients and rub on chicken, beef, pork or tuna prior to grilling.

